



CONTACT

E-MAIL
klara.postranecka@gmail.com

PHONE
+420 602 665 448

RESIDENCE
Prague – Hloubětín

DATE OF BIRTH
15 February 1989

LANGUAGES

Czech
Native

English
Professional communication

Norwegian
Basic level; ongoing study

CORE CLINICAL COMPETENCIES

CLINICAL FOCUS
Endocrinology; Diabetology;
Complex outpatient diagnostics

PROCEDURES
Thyroid ultrasound; Ultrasound-guided FNAB

INPATIENT & ACUTE CARE
Internal medicine and inpatient care; ICU and acute internal medicine

SYSTEMS & TEAM
Procedure coding and electronic health records;
Physician training

INTERESTS

ACTIVE LIFESTYLE · Strength training and healthy living

GASTRONOMY · Asian and Czech cuisine, nutrition

CREATIVE INTERESTS · Drawing, singing and literature

EXPERIENCES · Travel, driving and adrenaline activities

TECHNOLOGY · Modern technology and practical use of AI

ADDITIONAL INFORMATION

Driving licence · Category B

PROFESSIONAL CV

MUDr. Klára Postránecká

Physician | Specialist in Diabetology and Endocrinology

Specialist physician in diabetology and endocrinology with more than ten years of clinical experience. Skilled in complex outpatient assessment, thyroid ultrasound, ultrasound-guided fine-needle aspiration biopsy (FNAB), diabetes care, and training physicians and trainees.

WORK EXPERIENCE

- Endocrinology Outpatient Physician** 02/2020 - present
Vinohradské ambulantiční zařízení, s.r.o. · Prague 3 · Part-time
- Independent outpatient care and long-term follow-up of patients with endocrine disorders.
 - Independent clinic operation without an on-site nurse, including workflow, documentation and administration.
 - Procedure coding and use of the MEDICUS electronic health record system.
- Endocrinology and Diabetology Outpatient Physician** 03/2019 - present
Institute of Endocrinology · Prague 1 · Full-time
- Assessment and diagnosis of complex patients referred from other outpatient clinics.
 - Thyroid ultrasound and ultrasound-guided fine-needle aspiration biopsy (FNAB).
 - Care for patients with diabetes and patients requiring foreign-language communication.
 - Training new physicians and trainees within specialist-training courses.
 - Electronic clinical documentation in the Medeor health information system.
- Internal Medicine Physician** 08/2018 - 02/2019
Masarykova nemocnice Rakovník s.r.o. · Rakovník
- Shifts in the internal medicine department.
 - Care for outpatients and patients on the internal medicine ward and long-term care ward.
- Internal Medicine Physician** 06/2015 - 12/2019
Lužická nemocnice a poliklinika, a.s. · Rumburk
- Work on the inpatient internal medicine ward.
 - Shifts in the admissions clinic and intensive care unit.
 - Administration including duty roster planning, admissions and patient discharges.

ADDITIONAL WORK EXPERIENCE DURING STUDIES
Childcare assistant · Blue Orange a.s. · Prague · 06/2013 - 06/2014 | Receptionist · Hit Fitness Flóra · Prague · 08/2011 - 04/2015 | Executive assistant · Sladovna a stáčírna spol. s.r.o. · Kralupy nad Vltavou · 07/2009 - 02/2010

EDUCATION & QUALIFICATIONS

Charles University in Prague
2008 - 2015
Third Faculty of Medicine
General Medicine
Degree: MUDr.

Specialist qualification
Completed
Diabetology and endocrinology
Completed specialist certification

PROFESSIONAL DEVELOPMENT

Selected clinical placements and accredited CME

2019	Thyroid ultrasound and FNAB Two-week practical rotation at the Institute of Endocrinology in Prague.
2018-2020	Specialist clinical rotations Pediatric diabetology and endocrinology; nuclear medicine focused on thyroid carcinoma; steroid and immunoendocrine diagnostics; pituitary, adrenal and parathyroid disorders; endocrine hypertension; gynecological endocrinology.
2017-2024	Accredited congresses and symposia Internal medicine, diabetology, endocrinology, osteology, secondary osteoporosis, and endocrinopathies and diabetes in pregnancy.